



Association for Nonsmokers - Minnesota

APRIL 2018 Vol 34 Number 2



ANSR staff photo

Winter still has a grasp on the state, but Spring is just around the corner. Come out to the Plant & Garage sale and pick up the best tomatoes, herbs and perennials!

Garage sale just around corner

Are you ready to get your thrifting on? It's that time of year again.

We're getting ready for our 35th Annual ANSR Plant & Garage Sale.

The sale will be on May 18-19, from 9 a.m. until 5 p.m. each day at 1647 Laurel Ave., Saint Paul. Mark your calendars and get ready to join us and shop.

As always, we need your stuff. Best for us are small items, such as housewares, jewelry, tools, books, CDs/DVDs, collectibles and decorator items.

We no longer take clothing, TVs, exercise equipment or large furniture.

Funds raised at the sale are essential to ANSR's mission.

Do you have time to help? We always need help collecting saleable items before the sale, organizing and pricing things the day before the sale and working the sale itself. We would love your assistance.

Please call Jeanne at (651-) 646-3005 to volunteer or talk about other ways you can help.

Let's make it another great year!

LSF team receives prestigious grant

The Live Smoke Free program has received a two-year grant from the Robert Wood Johnson Foundation to provide training and technical assistance at the national level to public housing agencies, resident services staff, and public housing residents impacted by the Department of Housing & Urban Development's smoke-free public housing rule. L

SF will be partnering with the National Association of Housing & Redevelopment Officials and the National Alliance of Resident Services in Affordable and Assisted Housing on the project, called "Clean Air for All: The Smoke-Free Public Housing Project."

The effort will enhance stakeholders' capacity to transition to and maintain successful smoke-free public housing environments, and will be comprised of national educational opportunities as well as regional technical support.



Minneapolis Parks policy turns one

The Minneapolis Tobacco-Free Parks Policy is turning one!

May 7 marks one year since the Minneapolis Parks and Recreation Board implemented a 100 percent tobacco-free policy for all park land and facilities.

The policy was the result of the work of the Tobacco-Free Minneapolis Parks coalition, led by NorthPoint Health & Wellness and ANSR. The coalition will hold a celebration event this summer and will lead policy promotion and cessation activities with parks staff. Stay tuned for more details. In the meantime, visit your favorite Minneapolis park and keep an eye out for their great-looking signs!



ANSR staff photo

Maplewood youth Riley Himmer fills out a postcard asking Maplewood council members to consider raising the tobacco sales age to 21.

Metro cities look to join Tobacco 21 movement

Five states and more than 300 municipalities have raised the tobacco sales age to 21, including five cities in Minnesota.

ANSR helped Edina become the first city in Minnesota last May, then quickly added Saint Louis Park, Bloomington and Plymouth to the fold.

The work continues!

In May, Minneapolis, Falcon

Heights and Shoreview will all look to join the movement.

Shoreview has a public hearing set for May 7, followed by Falcon Heights on May 9 and Minneapolis on May 14.

If you live in any of these cities and would like to get involved, please call the ANSR office at (651) 646-3005 and speak with Katie or Betsy on how to help these efforts.

The ANSR Bulletin is published quarterly.

For more information, contact ANSR at:

2395 University Ave. West, Ste. 310, St. Paul, MN 55114 or at (651) 646-3005.
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KICK BUTTS DAY 2018

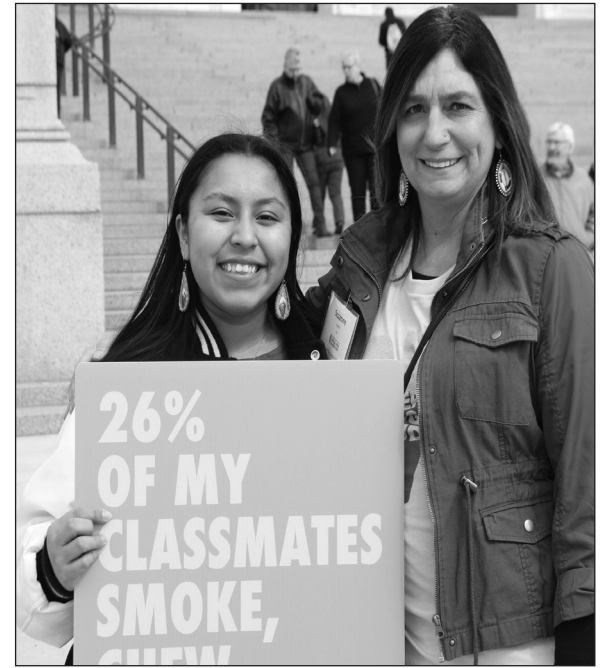


ANSR staff photos

Several ANSR partners got out the message to quit smoking on Kick Butts Day on March 21. Clockwise from the top left, staff at Maplewood City Hall chalked up the sidewalks with reminders; John Glenn Middle School youth signed a pledge wall to be tobacco free and the Support Our School Group gathered postcards aimed at decision makers to raise the tobacco sales age to 21; and then Mounds View youth also educated their peers about the tobacco industry's targeting tactics and also gathered postcards.



MINNESOTANS FOR A SMOKE-FREE GENERATION DAY AT THE CAPITOL 2018



ANSR staff photos

At left, youth from Humboldt Senior High in Saint Paul participate in a “Keep Lungs Loud” march to the Capitol. At right, leader Suzanne Nash and youth Reyna Day display their signs during the march. Groups later met with their respective legislators about funding and raising the tobacco sales age to 21.



ANSR staff photos

At left, North High School’s Caley Tansey, along with youth from the John Glenn Middle School Support Our School group, speak with Sen. Chuck Wiger. At right, Damenica Ellis and William Williams from the Vision in Life: Change is Possible group in Saint Paul show off their shirts and get ready to speak to their legislators.

MINNESOTANS FOR A SMOKE-FREE GENERATION DAY AT THE CAPITOL 2018



ANSR staff photos

Clockwise from left, advocates from Shoreview speak with Rep. Jamie Becker-Finn; the ALMAS group from Henry Sibley High in Mendota Heights pose at the Capitol during the rally; and ANSR staff get ready for the morning training at the Minnesotans for a Smoke-Free Generation Day at the Capitol.



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ANSR Bulletin

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ROUNDUP

MN youth tobacco usage increases for first time

After years of decline, the 2017 Minnesota Youth Tobacco Survey delivered a surprise: Youth use rates in the state climbed for the first time since the survey was implemented in 2000.

This is, in large part, because of the increase in the use of electronic cigarettes. The survey shows almost one in five youth (19.2 percent) currently use e-cigarettes. That is a 49 percent increase since the 2014 survey.

- **MENDOTA HEIGHTS LOOKS TO RESTRICT FLAVORS:** ANSR's sister organization, Tobacco-Free Alliance, is working with the City of Mendota Heights to regulate the sale of flavored tobacco. The council will vote on this issue on May 15. We welcome any ANSR member to come to the meeting and support this effort.

Mendota Heights residents can send emails or letters of support to council members, as well.

- **IN MEMORIAM:** ANSR was saddened to learn about the passing of long-time ANSR member George Saari, who died on Feb. 25, 2018.

- **KUDOS TO DULUTH:** Big kudos to the staff at the American Lung Association in Duluth.

ALA-Duluth worked with a number of community advocates to help Duluth become the third city in Minnesota to restrict the sale of menthol-flavored tobacco products, following Minneapolis and Saint Paul.

Duluth restricted the sale of all flavored tobacco products to adult-only tobacco stores in January.

Minneapolis and Saint Paul had

previously restricted all flavors except menthol, but both cities included menthol in the restrictions in 2017. They will implement the policy in 2018.

- **ANSR STAFF PRESENT AT CONFERENCE:** ANSR Research Director Betsy Brock and Policy Specialist Kristen Ackert presented on the Minneapolis menthol ordinance and how to communicate research to policy makers at the Society for Research on Nicotine and Tobacco annual conference in Baltimore, Md., Feb. 21-24.

ANSR staff also presented two posters on the estimated economic impact of a menthol policy on retailers and the opposition tactics seen in Minneapolis and Saint Paul during the menthol campaigns.