

THE ANSR

Association for Nonsmokers - Minnesota

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Annual Plant & Garage sale just around corner

Are you ready to get your thrifting on? It's that time of year again. We're getting ready for our 33th Annual ANSR Garage & Plant Sale.

The sale will be on May 19-20, from 9 a.m. until 5 p.m. each day at 1647 Laurel Ave., Saint Paul. Mark your calendars and get ready to join us and shop.

As always, we need your stuff. Best for us are small items, such as housewares, jewelry, tools, books, CDs/DVDs, collectibles and decorator items.

We no longer take clothing, TVs, exercise equipment or large furniture.

Funds raised at the sale are essential to ANSR's mission.

Do you have time to help? We always need help collecting saleable items before the sale, organizing and pricing things the day before the sale and working the sale itself. We would love your assistance.

Please call Jeanne at 651-646-3005 to volunteer or talk about other ways you can help.

Let's make it another great year!



ANSR staff photo

Advocates give a thumbs up after the Minneapolis Parks and Recreation Board voted unanimously to make Minneapolis parks 100 percent tobacco-free.

Minneapolis Parks will go 100% tobacco-free in May

The Minneapolis Parks and Recreation Board (MPRB) showed strong leadership in protecting the health and well-being of residents and visitors to Minneapolis parks on March 8. The Board voted unanimously to make all Minneapolis parks tobacco-free, with an exemption for use of tobacco in traditional Native American spiritual or cultural

ceremonies.

"We are excited to join with dozens of other local park systems in becoming completely tobacco-free," Minneapolis Park and Recreation Board Superintendent Jayne Miller said. "This policy supports our mission to promote healthy lifestyles and environments

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ANSR staff photos

Above: Youth advocate Terrachel Smith talks about the need for a tobacco-free policy so she and her friends aren't exposed to secondhand smoke. **Below:** Gabriel Glissmeyer also speaks up in favor of the new policy.

for residents and park visitors across Minneapolis and will contribute to many park patrons' use and enjoyment of our system. I also want to thank Commissioner Steffanie Musich for taking a lead role in developing this important policy."

The Board's current Smoking/Tobacco Use Policy, which was approved in 2009, does not address the use of chewing tobacco or electronic cigarettes. The new tobacco policy expands to cover both of those uses and also honors traditional Native American spiritual or cultural ceremonies.

A July 2016 survey of Minneapolis residents conducted by Morris Leatherman for the



Minneapolis Healthier Parks Initiative found that 60 percent of respondents supported Minneapolis parks being 100 percent tobacco-free at all times. On Wednesday, a diverse group of Minneapolis residents, including LaTrisha Vetaw

of NorthPoint Health & Wellness and Breathe Free North and Emily Anderson from the Association for Nonsmokers-Minnesota (ANSR), spoke out in support of the policy. Vetaw said the policy was the result of hardworking, dedicated young people who wanted to see it happen.

"The Minneapolis Park Board stepped up to the plate and did a great thing for the city," Vetaw said. "Making the parks 100 percent tobacco-free will protect everyone who uses our parks. Special thanks to Steffanie Musich and to all the other park commissioners for their hard work, dedication and commitment to our youth."

The ANSR Bulletin is published quarterly.

For more information, contact ANSR at:

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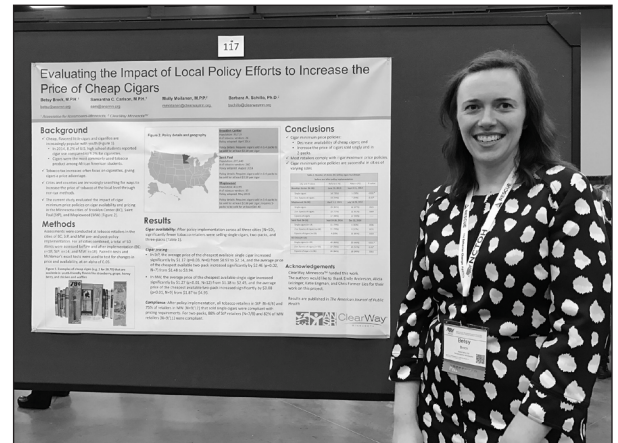
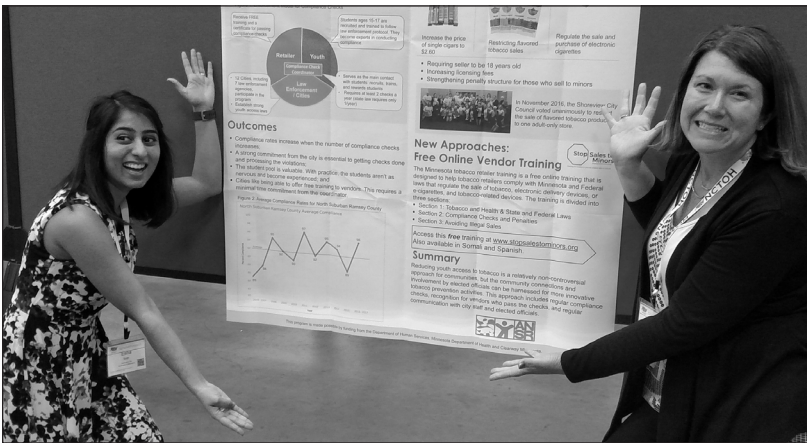


NATIONAL CONFERENCE ON TOBACCO OR HEALTH 2017, AUSTIN, TEXAS



ANSR staff photos

ANSR sent a number of staff and partners to the National Conference on Tobacco or Health (NCTOH) 2017 in Austin, Texas, in March. Staff participated in six presentations and six posters. It was a great week of learning, sharing and spending a lot of time together. **Above left**, Emily Anderson featured a poster on secondhand smoke and children in cars. **Above center**, Chris Turner presented a poster on a communications campaign. **Above right**, Katie Engman paired with Christina Thill from the Minnesota Department of Health on a presentation. **Below left**, Esha Seth and Katie stand with their poster on online vendor training and preventing tobacco sales to minors. **Below right**, Betsy Brock presents a poster on increasing the price of cigars.



ANSR staff photos

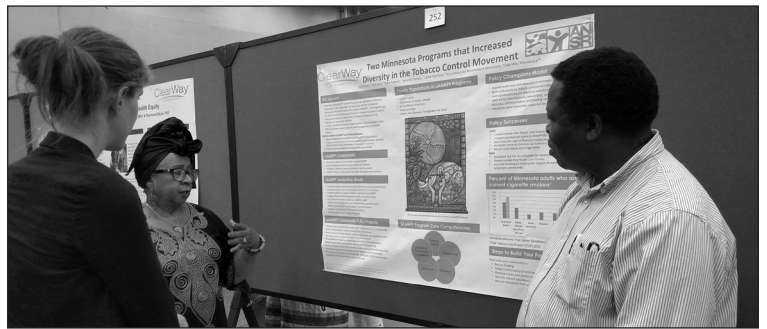
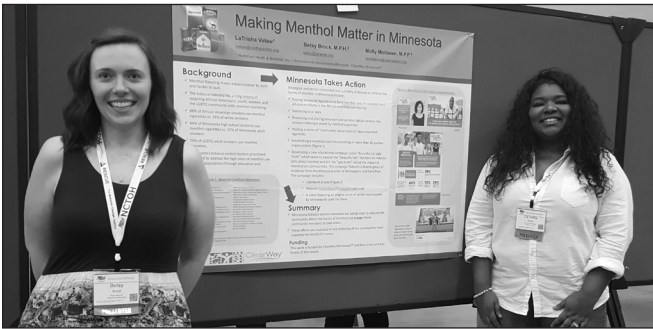
Above left, ANSR's Kara Skahen speaks in a presentation on housing, one of two presentations she participated in. **Above right**, ANSR's Kari Oldfield does a presentation about the Tobacco 101 Lesson Plan book and engaging youth with ANSR's policy work.

NATIONAL CONFERENCE ON TOBACCO OR HEALTH 2017, AUSTIN, TEXAS



ANSR staff photos

Above left, Staff members (back, l-r) Jackie Siewert, Kara, Katie, Emily and Kari, (front, l-r) Melissa Mady, Kristen Werner and Esha pose in front of the NCTOH sign. **Above right**, ANSR staff members have lunch with partners and funders. **Below left**, Betsy and NorthPoint Health & Wellness Center's LaTrisha Vetaw had a poster on menthol tobacco. **Below right**, Policy champ Ora Hokes and ANSR's Jack Ayim had a poster about Policy Champs.



ANSR staff photos

Above left, Team Live Smoke Free gathers. (L-R) Kara, Jack, Jackie and Rose Hauge. **Above right**, Katie poses with co-presenters during a session. **Below left**: ANSR gathers with several other Minnesota colleagues. **Below right**: Rose, Jack, Esha, Jackie and Kara take in the sunshine out on the smoke-free balcony.



Advocates present on menthol tobacco



The menthol coalition gave an educational presentation to the Health, Environment, and Community Engagement (HECE) committee of the Minneapolis City Council on March 13 about the harms of menthol tobacco and the work being done by the coalition.

Representatives from the Minneapolis Health Department, the African American Leadership Forum, Indigenous Peoples Task Force, and NorthPoint Health & Wellness addressed the Council committee. A two-minute video created by ANSR and NorthPoint was shared with the committee at the end of the presentation.

This video features a piece of original poetry “Beautiful Lies, Ugly Truth” by Twin Cities spoken word artist Joe Davis. The poem highlights the way the tobacco companies use menthol tobacco to target youth, African Americans, LGBTQ, and Native American communities and is part of a larger campaign, Beautiful Lie Ugly Truth. Councilmembers clapped after seeing the video. View the video and learn more about the campaign at www.BeautifulLieUglyTruth.org.



Above, Ashley Hicks, Audie Ellis and Brenna Depies (from l-r) from the Indigenous People’s Task Force testify in front of the Minneapolis City Council’s Health Committee about the harms of menthol tobacco in their community. At left, LaTrisha Vetaw and Tatiyanna Morrow from Northpoint Health & Wellness also testify about usage of menthol tobacco in their community.

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Anyone wishing to donate to ANSR or renew their membership online may do so at www.ansrmn.org/donate

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ANSR Bulletin

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ROUNDUP

Edina takes a look at raising tobacco sale age to 21

The Edina City Council is considering a policy that would increase the tobacco sale age from 18 to 21.

Edina would be a leader in Minnesota, being the first municipality in the state to do this. This was initially introduced through the Edina Board of Health through local resident and physician, Dr. Caleb Schultz.

The public hearing for the ordinance was held on April 18, 2017.

Saint Louis Park holds work session: The Saint Louis Park City Council held a work session in early March to discuss potential tobacco policy options, including restricting the sale of flavored tobacco and increasing the tobacco sale age to 21.

ANSR staff, health department, and community members were present at the meeting.

Councilmember Sue Sanger introduced the topic and discussed options. At the end of the work session, the council directed city staff to draft language restricting the sale of flavored tobacco that would be considered at a future meeting.

Oldfield attends CADCA conference: ANSR's Kari Oldfield attended the CADCA Forum Conference in Washington D.C. in February with staff from Southside Urban Coalition.

Community Anti-Drug Coalitions of America (CADCA) works nationally on preventing alcohol, tobacco and other drug abuse.

During the conference, Oldfield

presented in a breakout session on the Tobacco 101 Lesson Plan book and how to effectively include and engage youth in the policy-making process. In addition to attending the conference, Oldfield attended the SAMSHA Day at the Capitol and met with staff for Keith Ellison, Amy Klobuchar and Al Franken to encourage continued prevention-related funding.

Shoreview youth earns recognition: Mounds View High student Meghan McFarling was recognized as a Regional finalist by the Campaign for Tobacco-Free Kids as part of its Youth Advocate of the Year Awards.

McFarling testified in Shoreview on behalf of successful restrictions on flavored tobacco products, as well as at the state legislature.